

Voice for Life Singing Certificate

Warm-ups

Warming up is a vital part of any chorister's learning, and we hope that the following simple warm-ups can be a useful and regular part of their 'normal' choir routine.

The indicated number of repetitions apply to the context of the singing certificate. When using these warm-ups in rehearsal, choir leaders may wish to have more repetitions.

For the certificate assessment, candidates should be accompanied in these warm-ups and their other sung items by their choir director/other accompanist. Exams will **not** be accompanied by the examiner.

1. Sliding

On a hummed sound ('mm' or 'ng') slide slowly between two notes. Repeat the exercise at least 5 times, starting a semitone higher each time.

Voice: $\text{♩} = 80$
 gliss. mm gliss. mm
 Piano: Repeat in ascending steps

Note to choir leaders. Try to keep the sliding as slow and controlled as possible. Do choose a higher starting pitch, as appropriate. In the assessment, candidates should repeat the slide a total of five times, each a semitone higher. The first two are shown here.

2. Singing in steps

♩ = 80

Voice

Piano

5

Voice

Pno.

The 'ee' sound should be sung to rhyme with the vowel sound in the word 'fit'. A higher starting pitch may be chosen, as appropriate.

2. Exploring some leaps

♩ = 100

Voice

Piano

ma ma ma ma ma ma ma
 ba ba ba ba ba ba ba
 la la la la la la la
 da da da da da da da

Repeat in rising semitone steps

This exercise should be sung 4 times, using the indicated sound, and rising a semitone for each repeat. A higher starting pitch may be chosen, as appropriate.