

Voice for Life Singing Certificate

Warm-ups

Warming up is a vital part of any chorister's learning, and we hope that the following simple warm-ups can be a useful and regular part of their 'normal' choir routine.

The indicated number of repetitions apply to the context of the singing certificate. When using these warm-ups in rehearsal, choir leaders may wish to have more repetitions.

For the certificate assessment, candidates should be accompanied in these warm-ups and their other sung items by their choir director/other accompanist. Exams will **not** be accompanied by the examiner.

1. Sliding

On a hummed sound ('mm' or 'ng') slide slowly between two notes. Repeat the exercise at least 5 times, starting a semitone higher each time.



Note to choir leaders. Try to keep the sliding as slow and controlled as possible. Do choose a higher starting pitch, as appropriate. In the assessment, candidates should repeat the slide a total of five times, each a semitone higher. The first two are shown here.

2. Singing in steps

$\text{♩} = 80$

Voice

oo ee

Piano

5

Voice

ah air

Pno.

The 'ee' sound should be sung to rhyme with the vowel sound in the word 'fit'. A higher starting pitch may be chosen, as appropriate.

3. Exploring some leaps

$\text{♩} = 100$

Voice

ma ma ma ma ma ma ma
ba ba ba ba ba ba ba
la la la la la la la
da da da da da da da

Piano

Repeat in rising semitone steps

This exercise should be sung 4 times, using the indicated sound, and rising a semitone for each repeat. A higher starting pitch may be chosen, as appropriate.